

CrossTalk:

Rebuttal from:

Eric J. Stöhr^{1, 2}, Barry J. McDonnell², Paolo C. Colombo¹, Joshua Z. Willey³

¹Department of Medicine, Division of Cardiology, Columbia University Irving Medical Center, New York City, NY 10032, USA; ejs2212@cumc.columbia.edu, pcc2001@cumc.columbia.edu

²School of Sport & Health Sciences, Cardiff Metropolitan University, Cardiff, CF5 2YB, United Kingdom, estohr@cardiffmet.ac.uk, bmcdonnell@cardiffmet.ac.uk

³Department of Neurology, Neurological Institute of New York, Columbia University Irving Medical Center, New York City, NY 10032, USA jzw2@cumc.columbia.edu

Word count: 397

Key words: heart failure, LVAD, pulsatility, blood pressure, blood flow

44 Cornwell et al. (2018) provide irrefutable arguments that the human circulation is able to survive
45 on lower arterial oscillations than the normal arterial pulsatility. Thus, we agree that a key aim for
46 future research will be to determine the *optimal* amount of pulsatility for each individual CF-
47 LVAD patient. To ultimately achieve a personalized therapeutic target, the optimal balance
48 between LVAD device settings (including its effects on native heart function) and the patient's
49 pre-existing peripheral arterial health will need to be considered. At present, the consistently low
50 pulsatility in CF-LVAD patients is, in our opinion, still of concern. Despite an impressive
51 improvement in CF-LVAD outcomes with the HeartMate 3 device (Mehra *et al.*, 2017; Mehra *et*
52 *al.*, 2018), approximately 8-10% of patients still experience disabling stroke (Colombo *et al.*,
53 2018). The precise role of arterial pulsatility in these patients is currently not known.
54 Notwithstanding, our own observations suggest that patients with similar CF-LVAD settings can
55 have different arterial pulsatility (Castagna *et al.*, 2017), indicating the necessity to examine not
56 just the local cerebral haemodynamics but also the transmission of energy across the whole
57 circulation (Webb *et al.*, 2012).

58 The consideration of comorbidities that may be partially responsible for stroke is indeed important.
59 Taking on our opponents' argument, we propose that some of those comorbidities could in fact be
60 a strong indication of a wider, systemic cardiovascular problem, that may reflect inadequate
61 pulsatility in multiple organs, not just the brain. Indeed, the prevalence of cortical microbleeds in
62 97% of CF-LVAD patients, macrovascular bleeding events in 40-50%, including gastrointestinal
63 bleeding in >25%, suggests a common haemodynamic origin (Yoshioka *et al.*, 2017; Mehra *et al.*,
64 2018).

65 Perhaps most importantly, we think it is essential to extend the elegant previous findings based
66 upon mean blood velocities and mean arterial pressure to the measurement of pulsatility (Cornwell

67 *et al.*, 2014; Cornwell *et al.*, 2015). For example, the same mean pressure and mean flow velocity
68 can be underpinned by different pulsatility. These specific mechanical oscillations will stimulate
69 the mechanoreceptors and possibly the baroreceptor, as well as the endothelium-derived release of
70 nitric oxide (Nakano *et al.*, 2000). Thus, while cerebral autoregulation provoked by a stressor that
71 does not alter pulsatility might be preserved in CF-LVAD patients, it is conceivable that the
72 chronic exposure to a low pulsatile load might narrow the range of adequate functional responses
73 in the event of a stressor of pulsatile nature.

74

75 **Acknowledgements**

76 This project has received funding from the European Union's Horizon 2020 research and
77 innovation programme under the Marie Skłodowska-Curie grant agreement No 705219.



78

79

80

81 **References**

82 Castagna F, Stöhr EJ, Pinsino A, Cockcroft JR, Willey J, Reshad Garan A, Topkara VK,
83 Colombo PC, Yuzefpolskaya M & McDonnell BJ. (2017). The Unique Blood Pressures
84 and Pulsatility of LVAD Patients: Current Challenges and Future Opportunities. *Curr*
85 *Hypertens Rep* **19**, 85.

86

87 Colombo PC, Mehra MR, Goldstein DJ, Estep JD, Salerno C, Jorde UP, Cowger JA, Cleveland
88 JC, Uriel N, Sayer G, Skipper ER, Downey FX, Ono M, Hooker R, Anyanwu AC,
89 Givertz MM, Mahr C, Topuria I, Somo SI, Crandall DL & Horstmanshof DA. (2018).
90 Comprehensive Analysis of Stroke in the LongTerm Cohort of the MOMENTUM 3

91 Study: A Randomized Controlled Trial of the HeartMate 3 Versus the HeartMate II
92 Cardiac Pump. *Circulation* **In press**.

93
94 Cornwell W, Tarumi T, Lawley J & Ambardekar AV. (2018). CrossTalk opposing view: Blood
95 flow pulsatility in left ventricular assist device patients is NOT essential to maintain
96 normal brain physiology. *J Physiol*.

97
98 Cornwell WK, 3rd, Tarumi T, Aengevaeren VL, Ayers C, Divanji P, Fu Q, Palmer D, Drazner
99 MH, Meyer DM, Bethea BT, Hastings JL, Fujimoto N, Shibata S, Zhang R, Markham
100 DW & Levine BD. (2014). Effect of pulsatile and nonpulsatile flow on cerebral perfusion
101 in patients with left ventricular assist devices. *J Heart Lung Transplant* **33**, 1295-1303.

102
103 Cornwell WK, 3rd, Tarumi T, Stickford A, Lawley J, Roberts M, Parker R, Fitzsimmons C, Kibe
104 J, Ayers C, Markham D, Drazner MH, Fu Q & Levine BD. (2015). Restoration of
105 Pulsatile Flow Reduces Sympathetic Nerve Activity Among Individuals With
106 Continuous-Flow Left Ventricular Assist Devices. *Circulation* **132**, 2316-2322.

107
108 Mehra MR, Goldstein DJ, Uriel N, Cleveland JC, Jr., Yuzefpolskaya M, Salerno C, Walsh MN,
109 Milano CA, Patel CB, Ewald GA, Itoh A, Dean D, Krishnamoorthy A, Cotts WG,
110 Tatooles AJ, Jorde UP, Bruckner BA, Estep JD, Jeevanandam V, Sayer G, Horstmanshof
111 D, Long JW, Gulati S, Skipper ER, O'Connell JB, Heatley G, Sood P, Naka Y &
112 Investigators M. (2018). Two-Year Outcomes with a Magnetically Levitated Cardiac
113 Pump in Heart Failure. *N Engl J Med* **378**, 1386-1395.

114
115 Mehra MR, Naka Y, Uriel N, Goldstein DJ, Cleveland JC, Jr., Colombo PC, Walsh MN, Milano
116 CA, Patel CB, Jorde UP, Pagani FD, Aaronson KD, Dean DA, McCants K, Itoh A,
117 Ewald GA, Horstmanshof D, Long JW, Salerno C & Investigators M. (2017). A Fully
118 Magnetically Levitated Circulatory Pump for Advanced Heart Failure. *N Engl J Med* **376**,
119 440-450.

120

121 Nakano T, Tominaga R, Nagano I, Okabe H & Yasui H. (2000). Pulsatile flow enhances
122 endothelium-derived nitric oxide release in the peripheral vasculature. *Am J Physiol*
123 *Heart Circ Physiol* **278**, H1098-1104.

124

125 Webb AJ, Simoni M, Mazzucco S, Kuker W, Schulz U & Rothwell PM. (2012). Increased
126 cerebral arterial pulsatility in patients with leukoaraiosis: arterial stiffness enhances
127 transmission of aortic pulsatility. *Stroke* **43**, 2631-2636.

128

129 Yoshioka D, Okazaki S, Toda K, Murase S, Saito S, Domae K, Miyagawa S, Yoshikawa Y,
130 Daimon T, Sakaguchi M & Sawa Y. (2017). Prevalence of Cerebral Microbleeds in
131 Patients With Continuous-Flow Left Ventricular Assist Devices. *J Am Heart Assoc* **6**.

132

133