

1 **Assessing phage therapy against *Pseudomonas aeruginosa* using**
2 **a *Galleria mellonella* infection model**

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26 **Abstract**

27 The *Galleria mellonella* infection model was used to assess the *in vivo* efficacy of
28 phage therapy against laboratory and clinical strains of *Pseudomonas aeruginosa*. In
29 a first series of experiments, Galleria were infected with the laboratory *P. aeruginosa*
30 strain PA01 and treated with varying multiplicity of infection (MOI) of phages either
31 two hours post-infection (treatment) or two hours pre-infection (prevention) via
32 injection into the haemolymph. To address the kinetics of infection, larvae were bled
33 over a period of 24 hours for quantification of bacteria and phages. Survival rates at
34 24 hours when infected with 10 cells/larvae were greater in the prevention versus
35 treatment model (47 vs 40%, MOI 10; 47 vs 20 %, MOI 1 and 33 vs 7%, MOI 0.1).
36 This pattern held true when 100 cells/larvae were used (87% vs 20%, MOI 10; 53%
37 vs 13 %, MOI 1; 67% vs 7%, MOI 0.1). By 24 hours post infection phages kept
38 bacterial cell numbers in the haemolymph 1000-fold lower than in the non-treated
39 group. In a second series of experiments using clinical strains to further validate the
40 prevention model, we found that phages protected Galleria when infected with both
41 an bacteraemia (0% vs 85%) and a cystic fibrosis (80% vs 100%) isolate. Therefore,
42 our study validates the use of *G. mellonella* as a simple, robust and cost-effective
43 model for the initial *in vivo* examination of *P. aeruginosa* targeted phage therapy
44 which may be applied to other pathogens with similarly low infective doses.

45 **Keywords:** *Pseudomonas aeruginosa*, phage therapy, *Galleria mellonella*, infection
46 model

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49 **1. Introduction**

50 Multi-drug resistant bacterial pathogens pose an ever increasing threat to human
51 health. This problem is in part due to a lack of novel antibiotics approved for use
52 over the last few decades resulting in an urgent need to identify new avenues for
53 treating bacterial infections, especially those caused by gram-negative pathogens.(5)
54 *Pseudomonas aeruginosa* is an opportunistic pathogen that is a leading cause of
55 infection among burn victims and patients with cystic fibrosis (CF). It is also
56 responsible for a large number of health-care associated infections. To make matters
57 worse, *P. aeruginosa* is associated with hypermutability and due to high antibiotic
58 selective pressure has given rise to the emergence of multi-drug resistant strains in
59 the population and concerns about available effective treatments are growing.(3, 12)
60 In the UK resistance to two or more antibiotics among *P. aeruginosa* isolated from
61 the lungs of CF patients has risen to 40%.(16) This is a worrying statistic as
62 colonisation of the CF lung with *P. aeruginosa* is a predictor of poor prognosis and
63 associated with a 2-3 fold increased risk of death over an eight year period.(8) For
64 this reason novel anti-infectives are needed.

65

66 Facing such a scenario, interest in phage therapy in Western society has
67 experienced resurgence after research into this area fell out of favour following the
68 discovery of antibiotics. Bacteriophages (or phage) are viral particles able to infect
69 bacterial cells with high specificity, taking over cellular function to replicate their
70 genomes. Upon maturation the bacterial cell wall is lysed to release viral progeny.

71

72 Phage therapy can be broadly subdivided into four main categories.(18) (1)

73 Conventional phage therapy using mainly lytic phage to lyse target bacterial species.

74 (2) Modified phage therapy using genetically altered phage with favourable
75 properties such as non-lytic replication to avoid the possibility of endotoxin shock
76 when bacterial cells are lysed. (3) Treatment with enzymes derived from phage such
77 as administration of endolysins to selectively degrade the bacterial peptidoglycan cell
78 wall. (4) The concept of combination therapy with phage and antibiotics where
79 phage exhibit properties to degrade polysaccharide components of biofilms therefore
80 allowing antibiotics to penetrate and elicit an action.(4)

81

82 Although *in vitro* systems allow for a reductionist approach to examining phage
83 interactions with target bacteria, it does not take into account a more complex *in vivo*
84 system. Mammalian models are an excellent means of testing phage therapy, but
85 require ethical approval, significant infrastructure and funds. The *Galleria mellonella*
86 model fills the void between these two systems providing a cheap, reliable and ethics
87 free system for testing novel antimicrobials.(15) Here we describe the first use of the
88 *G. mellonella* model to evaluate efficacy of phage therapy for both treatment and
89 prophylaxis of *P. aeruginosa* infection.

90

91 **2. Materials and Methods**

92 *2.1. Bacterial strains and preparation of inoculum*

93 Phage therapy was assessed using *P. aeruginosa* PAO1 and two low passage
94 clinical isolates, PA45291 and BC00907, isolated from bacteraemia and cystic
95 fibrosis samples, respectively. Bacteria were grown to mid-log phase in LB and
96 washed once in PBS. Cells were resuspended in PBS to a final concentration of
97 1×10^8 cfu ml⁻¹ and diluted accordingly in PBS to the required inoculum size for each
98 experiment.

99

100 *2.2. Phage cocktail preparation and titration*

101 All six distinct phage were propagated on *P. aeruginosa* PAO1 strain and were
102 combined to establish a cocktail suspension. The genomic sequence of the six
103 phage can be found in the NCBI GenBank database under accession numbers KR054028-
104 KR054033 with full description of the phage detailed elsewhere (submitted). Briefly, 100 μ l
105 of phage lysate and 100 μ l of host growing culture were mixed and left for 5 min at
106 room temperature. Following incubation, 3 ml of LB soft-agar containing 0.65%
107 bacteriological agar was added and poured onto agar plates. After an overnight
108 incubation at 37°C, plates displaying confluent lysis were selected and 3 ml of SM
109 buffer (5 M NaCl, 1M MgSO₄, 1 M Tris-HCl [pH 7.5], 0.01% w/v gelatine) and 2%
110 (vol/vol) chloroform were added before incubation at 37°C for 4h. High-titre phage
111 solution was removed from the plates, centrifuged (8,000 x g, 10 min) to remove cell
112 debris, and then filter sterilized (pore size, 0.22 μ m). A polyethylene glycol (PEG)
113 purification step was further added to remove any possible bacterial debris from the
114 suspensions. Briefly, 10% (w/v) PEG m.w.8000 was added to the lysate and left at 4
115 °C overnight. On the next day, the solution was centrifuged (4000 rpm, 30 min) to

116 obtain a PEG-phage pellet. The pellet was resuspended gently in 1mL of SM buffer
117 and vortexed thoroughly. The final solutions were stored at 4°C. All the necessary
118 dilutions were performed in SM buffer. For the titration of the bacteriophage content
119 in the haemolymph, a similar methodology to the propagation was followed. The
120 several dilutions were mixed with the host bacterial cells and 3 ml of soft agar was
121 added and poured onto agar plates. After an overnight incubation plaques were
122 counted to determine phage titre.

123

124 2.3. *G. mellonella* phage therapy assay

125 Larvae of *G. mellonella* were obtained from Livefood UK Ltd (Somerset, UK). Larvae
126 were stored at 4 °C and used within 1 week. A modified methodology developed by
127 Peleg was used to infect each *G. mellonella*.⁽¹⁵⁾ Briefly, *G. mellonella* were surface
128 sterilized with a FASTAID pre-injection swab containing 70 % ethanol. Using a pair
129 of tweezers each *G. mellonella* was restrained and with a 26 gauge Terumo syringe
130 10 µl of inoculum containing either 100 or 10 cells of *P. aeruginosa* was delivered
131 into the larval haemolymph behind the last proleg. For the treatment model phage
132 suspension was delivered behind the last proleg on the opposite side to the bacterial
133 injection site two hours post-infection and for the prevention experiment phage
134 suspension was given two hours pre-infection. All experiments used 15 larvae per
135 treatment. A positive control group, where the larvae were infected and treated with
136 PBS solution, and two negative control groups were also included: one group
137 injected with PBS only, assessing the impact of any negative effect from the injection
138 process, and one group injected with phage suspension only, assessing toxicity of
139 the phage cocktail. Larvae were placed into petri dishes and incubated at 37 °C.

140 The *G. mellonella* were examined hourly after 15 hours post infection and recorded
141 as dead when they did not move in response to touch.

142

143 2.4. *Bleeding larvae haemolymph*

144 The prevention model was used to follow the kinetics of bacteria and phage
145 interactions within the larval haemolymph over time. The phage cocktail, or PBS,
146 was administered two hours prior to infection and phage titer initially quantified within
147 the haemolymph at time of infection (time zero). *G. mellonella* were infected with
148 100 cells of *P. aeruginosa* PAO1 and eight and 24 hours three *G. mellonella* were
149 sacrificed and bled following incision made with forceps to quantify phage and *P.*
150 *aeruginosa* in both phage and PBS treated *G. mellonella*. Titrations of haemolymph
151 were made in SM buffer for phage counts. Quantification of PAO1 were made by
152 preparing serial dilutions of haemolymph in 10 mM of ferrous ammonium sulfate
153 (FAS) (Sigma Aldrich, UK) for inactivation of extracellular phage. Bacteria were
154 enumerated by total viable count of FAS dilutions on to nutrient agar. Inactivation of
155 phage by FAS was confirmed prior to experimental procedure (data not shown). To
156 rule out the possibility of PAO1 evolving phage resistance during the *in vivo*
157 infection, re-isolated PAO1 were subjected to plaque assay to confirm susceptibility.

158

159 2.5. *Statistical analysis*

160 Kaplan-Meier survival curves and Log-rank (Mantel-Cox) statistical Test was
161 performed using GraphPad Prism (GraphPad Software, Inc., La Jolla, CA, USA).

162

163 **3. Results**

164 3.1. *Treatment of infection*

165 In this study two models of phage and infection interactions were examined. The
166 first was a treatment whereby *G. mellonella* were infected with either 10 or 100 cells
167 of *P. aeruginosa* PA01 and left to allow an infection to establish for two hours.

168 Varying MOIs of phage were then administered and mortality was observed over 48
169 hours. No mortality was recorded in the PBS controls. However *G. mellonella* which
170 were treated with PBS died quicker when infected with 100 cells versus 10 cells.

171 Administration of phage, displaying lytic activity against PAO1 *in vitro* , prolonged the
172 survival of the *G. mellonella* in a dose dependent manner, but 0% survival was
173 eventually seen in all groups by 30 hours [Figure 1a]. At 24 hours there was 100%
174 mortality in the infected and untreated *G. mellonella*, but 40% survival for those
175 infected with 10 cells and treated with an MOI of 10 compared with 20% survival with
176 those infected with 100 cells at the same MOI [Figure 1b]. A statistically significant
177 difference was seen between the survival curves as determined by log-rank (Mantel-
178 Cox) test (p value < 0.0001).

179

180 3.2. *Prevention of infection*

181 The second model examined the effect of prevention of infection whereby *G.*
182 *mellonella* were given a prophylactic dose of phage two hours prior to infection with
183 *P. aeruginosa* PA01. Similarly to the treatment experiment, *G. mellonella* infected
184 with 100 cells died quicker than those infected with 10 cells when given PBS two
185 hours before infection. [Figure 2a]. At 24 hours survival ranged from 80% in *G.*
186 *mellonella* given an MOI of 100 to 35% in those given an MOI of 0.1 [Figure 2b].
187 Survival ranged from 90% to 60% in *G. mellonella* given MOIs of 100 and 1,

188 respectively. A statistically significant difference was seen between the survival
189 curves as determined by log-rank (Mantel-Cox) test (p value < 0.0001).

190

191 3.3. Kinetics of *P. aeruginosa* infection and effect of phage treatment

192 To understand the kinetics of a *P. aeruginosa* infection within *G. mellonella*, larvae
193 were infected with 100 cells using the prevention model of infection. Bacteria and
194 phage were quantified at set time points by bleeding the haemolymph. Recovered
195 volumes of haemolymph ranged from 20 to 40 μ l, but numbers were standardised
196 upon analysis. No endogenous *P. aeruginosa* or phage with lytic activity against *P.*
197 *aeruginosa* PA01 were detected in the uninfected controls. For the *G. mellonella*
198 which were given *P. aeruginosa* PA01 only the numbers of cells isolated from the
199 haemolymph increased over the duration of the experiment. By 24 hours all *G.*
200 *mellonella* were dead and numbers of *P. aeruginosa* were in the order of 10^8 c.f.u/ml.
201 The second group of *G. mellonella* were given a prophylactic dose of phage 2 hours
202 prior to infection and phage and bacteria were then quantified over the course of
203 infection. Numbers of *P. aeruginosa* PA01 were comparable to that of the non-
204 treated *G. mellonella* after 8 hours infection, but were three orders of magnitude less
205 cells at 24 hours compared with the non-treated *G. mellonella*. These *G. mellonella*
206 were alive at 24 hours. Numbers of phage increased over the duration of the
207 infection reaching a peak titre at 24 hours of 10^8 p.f.u/ml.

208

209 3.4. Low passage clinical isolates of *P. aeruginosa*

210 To validate the model of phage therapy with *P. aeruginosa* we sought to test the
211 model with low passage clinical strains isolated from patients with bacteraemia or
212 cystic fibrosis. With the PA45291 bacteraemia strain all infected *G. mellonella* were

213 dead by 24 hours whereas there was 60 % survival at 28 hours in the group which
214 were treated with phage at an MOI 10. When *G. mellonella* were infected with the
215 BC09007 CF strain there was little mortality at 24 hours (90%) when given PBS as
216 treatment, but 100 % survival in the phage treated group. By 40 hours all *G.*
217 *mellonella* were then dead.

218

219 **4. Discussion**

220 To avoid a scenario whereby society is plunged back into a pre-antibiotic era we
221 need to urgently identify novel anti-bacterial agents. Phage therapy offers a novel
222 non-antibiotic approach to help in this battle. Phage therapy offers a different mode
223 of action compared with antibiotics and therefore antibiotic resistant organisms can
224 still be susceptible to phage. In addition phage are highly selective and will therefore
225 not wipe out the host microbiota unlike antibiotics as well as being deemed as safe
226 in trials.(6, 7, 13)

227

228 The *G. mellonella* infection model provides a system that can bridge the gap
229 between *in vitro* studies and more advanced mammalian studies giving initial proof of
230 principle data. Mammalian models are crucial for testing the efficacy of phage prior
231 to human trials, but drawbacks include the need for sufficient infrastructure,
232 substantial costs, as well as the need for ethical approval. *G. mellonella* larvae have
233 been used to examine numerous host-pathogen interactions ranging from studies of
234 pathogenicity to antimicrobial activity with a small number of these examining the
235 potential for phage therapy.(1, 11, 17)

236

237 The strain of *P. aeruginosa* PA01 proved to be highly virulent with only 10 cells per
238 *G. mellonella* required to result in mortality at 24 hours. This is a very low infective
239 dose in this model with organism such as *S. aureus* requiring 10^5 - 10^6 cells/*G.*
240 *mellonella* for mortality, *A. baumannii* requires greater than 10^4 and for *Helicobacter*
241 *pylori* 10^6 - 10^7 cells are required for establishment of infection.(9, 10, 14) This low
242 infectious dose is of particular interest as it reduces the chances of endotoxin shock
243 due to rapid lysis of high numbers of Gram negative cells.

244 Two models of therapy were examined. The first was a treatment methodology
245 whereby an acute 2 hour infection was allowed to establish prior to administration of
246 phage. At all MOIs of phage there was prolonged survival of the *G. mellonella*
247 regardless whether 10 or 100 bacterial cells were used as the inoculum. Although
248 there was increased survival compared with the control there was a difference in
249 survival depending on the number of cells in the inoculum. Presumably the 10-fold
250 higher inoculum of 100 cells vs 10 cells had meant that the infection had become
251 more established within the two hour time frame therefore reducing the efficacy of
252 the phage to prolong survival.

253

254 The second model examined the ability to prevent infection using a prophylactic
255 administration of phage two hours prior to infection. When compared with the
256 treatment model, prophylactic administration of phage resulted in greater survival
257 after 24 hours at all comparable MOI values. Presumably this increased efficacy
258 was the result of phage being able to distribute throughout the haemolymph over the
259 two hour period prior to infection, where as in the treatment model the bacteria will
260 have had opportunity to establish and begin to express toxins. Interesting was the
261 observation of greater survival among *G. mellonella* which received the higher

262 inoculum of 100 cells, compared with 10 cells. This may have been due to the
263 higher number of bacterial cells resulting in an increased chance of bacteria and
264 phage interaction resulting in a more rapid amplification of the phage.
265

266 In both models phage treated *G. mellonella* eventually succumbed to the infection
267 resulting in mortality by 30 hours post infection. For this reason we explored the
268 kinetics of both the *P. aeruginosa* infection as well as effect phage had on bacterial
269 numbers *in vivo*. The most striking observation was the comparison between
270 numbers of *P. aeruginosa* in the phage treated and untreated *G. mellonella*. At 24
271 hours the phage had kept the number of *P. aeruginosa* to 1000-fold less than the
272 non-treated *G. mellonella*, but even in the presence of high titres of phage there had
273 still been active growth, and therefore infection, from the *P. aeruginosa* over the
274 duration of the experiment. We had previously hypothesised that the reason for
275 eventual mortality was the lack of available phage for clearance. From Figure 3 it is
276 clear that this is not the case due to the high titre of phage within the haemolymph,
277 although the MOI had shifted from 100 to less than 1 by 24 hours. This hypothesis
278 was also ruled out by an experiment where *G. mellonella* were given a second dose
279 of phage four hours after an initial dosing, but there was no difference when
280 compared with the single dose control (data not shown). One possibility for the
281 continual survival of PA01 in the presence of a high titre of phage was the evolution
282 of phage resistance within the *G. mellonella*. This was ruled out after observation of
283 no bacterial growth when co-cultivating *P. aeruginosa* single colonies, recovered at
284 24 hours after phage treatment, and a suspension of phage cocktail (data not
285 shown). The final explanation for the survival would be the intracellular localisation
286 of *P. aeruginosa*. In these experiments we only examined bacterial numbers within

287 extracted haemolymph. *P. aeruginosa* is known to have the ability to invade
288 epithelial cells which would protect from attack from the phage.(2) This highlights
289 one of the limitations of phage therapy on pathogens which are able to exist and
290 replicate in an intracellular environment. Perhaps combination therapy with
291 antibiotics which can enter host cells such as a fluoroquinolone or tetracycline would
292 have aided in clearance, but this was beyond the scope of this study. This potential
293 intracellular survival strategy would also explain why the prevention model showed
294 improved survival compared with the treatment model whereby the *P. aeruginosa* will
295 have establish within cells before the *G. mellonella* received a dose of the phage.
296 Although we hypothesise the lack of *P. aeruginosa* clearance was due to intracellular
297 localisation, there must have been a degree of extracellular replication of cells within
298 the haemolymph to allow for the observed propagation of the phage over time.

299

300 Finally we looked to demonstrate the effectiveness of the phage model on clinical
301 isolates of *P. aeruginosa*. To do this the prevention model was repeated with clinical
302 isolates from a bacteraemia and a CF infection. Here, the acute isolate resulted in
303 rapid mortality of the *G. mellonella* within 24 hours, with 85 % survival when given
304 phage at an MOI of 10. Interestingly the CF isolate was less virulent at 24 hours
305 compared with the bacteraemia and PA01 strains, but 100 % mortality was then
306 seen by 40 hours. In conclusion we present data for the use of the *G. mellonella* as
307 a simple, robust and cost-effective model for initial examination *P. aeruginosa*
308 targeted phage therapy.

309

310 **Declarations**

311 **Funding:** We thank the Engineering and Physical Sciences Research Council
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313 **Competing interests:** None to declare,

314 **Ethical approval:** N/A

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379 **Figure legends**

380 **Figure 1.** Kaplan-Meier survival curves of *G. mellonella* infected with (A) 100 cells or
381 (B) 10 cells of *P. aeruginosa* PA01 and treated with phage at varying multiplicities of
382 infection two hours post-infection. C. Percentage of *G. mellonella* survival at 24
383 hours.

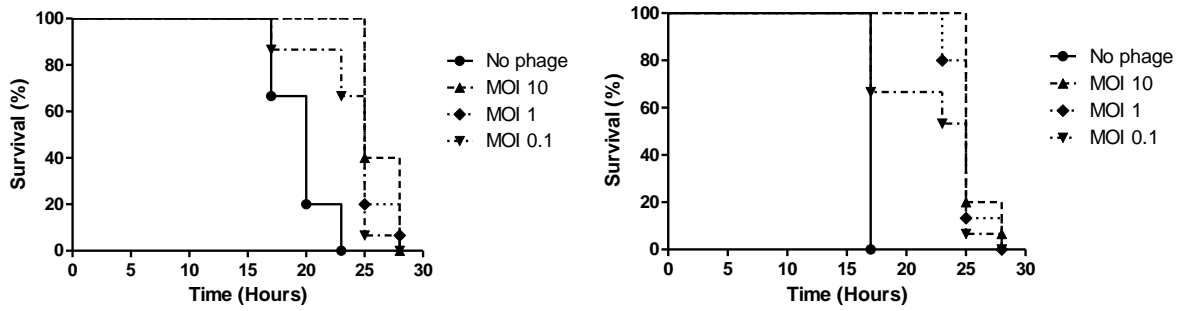
384 **Figure 2.** Kaplan-Meier survival curves of *G. mellonella* infected with (A) 100 cells or
385 (B) 10 cells of *P. aeruginosa* PA01 and pre-treated with phage at varying
386 multiplicities of infection two hours pre-infection. C. Percentage of *G. mellonella*
387 survival at 24 hours.

388 **Figure 3.** *In vivo* kinetics of *P. aeruginosa* infection within *G. mellonella* with and
389 without phage treatment.

390 **Figure 4.** Kaplan-Meier survival curves of *G. mellonella* infected with 10 cells of (A)
391 *P. aeruginosa* PA45291 (bacteraemia isolate) or (B) *P. aeruginosa* BC09007 (CF
392 isolate) and pre-treated with phage at an MOI 10 two hours pre-infection.

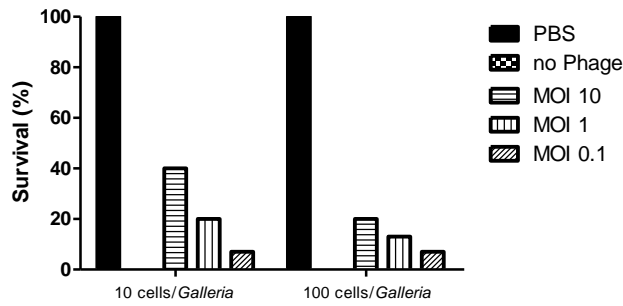
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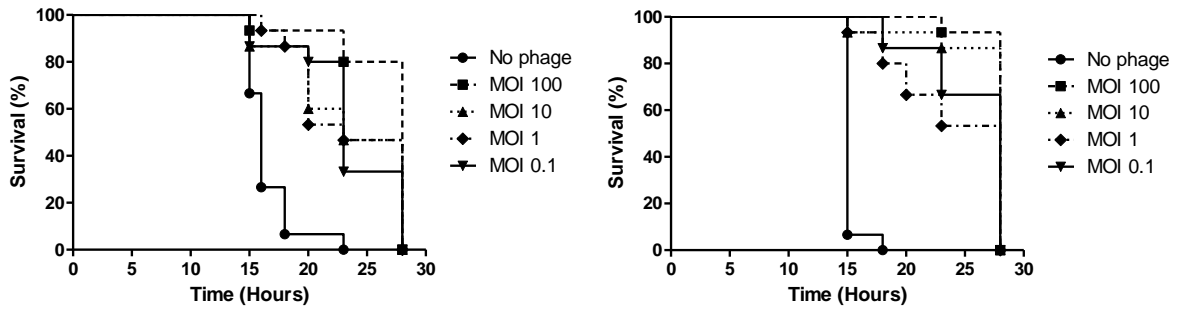
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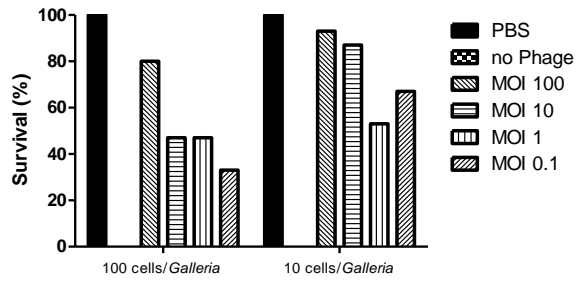
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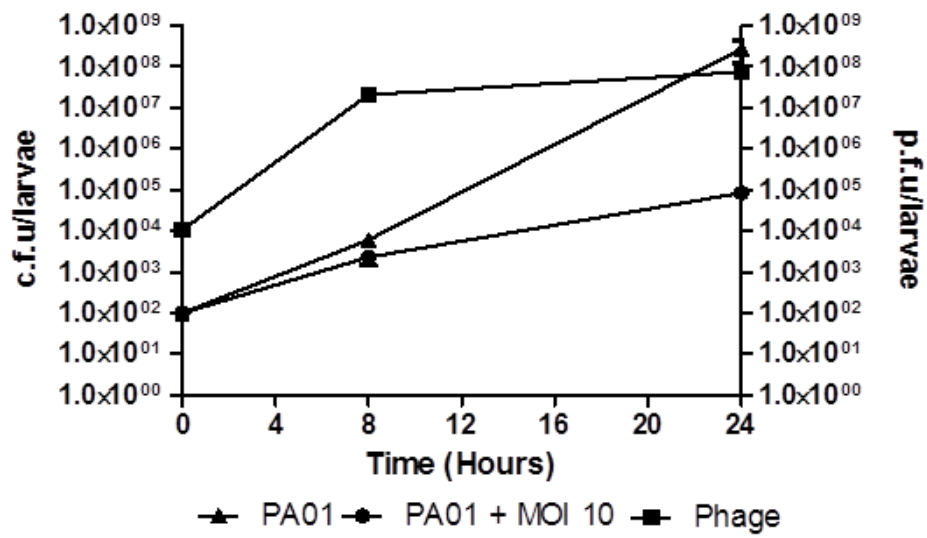
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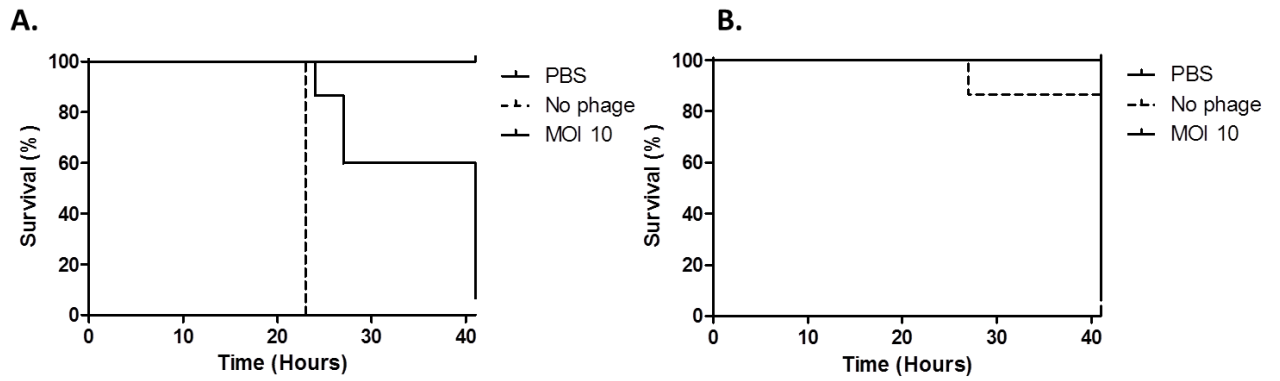


410

411 **Figure 3.** *In vivo* kinetics of *P. aeruginosa* infection within *G. mellonella* with and

412 without phage treatment.

413



414

415 **Figure 4.** Kaplan-Meier survival curves of *G. mellonella* infected with 10 cells of (A)

416 *P. aeruginosa* PA45291 (bacteraemia isolate) or (B) *P. aeruginosa* BC09007 (CF

417 isolate) and pre-treated with phage at an MOI 10 two hours pre-infection.

418