

**CARDIFF METROPOLITAN UNIVERSITY
CARDIFF SCHOOL OF HEALTH SCIENCES
DEPARTMENT OF HEALTHCARE SCIENCES AND FOOD**

BSc (Hons) Human Nutrition and Dietetics

Dissertation

**Energy drinks; intakes, awareness and influencing factors toward their
consumption amongst young adults in Estonia**

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Student Declaration In Respect of Individual Work

I declare that the whole of this work is the result of my individual effort and that all quotations from other authors have been acknowledged.

Dissertation submitted in partial fulfilment of the requirements of Cardiff Metropolitan University for the Degree of Bachelor of Science with Honours.

Signed: Kadri Kuriks

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